

FOR IMMEDIATE RELEASE

Kathleen Dunn, Pittsburgh's youngest author and entrepreneur, will be featured at the upcoming Obsessive Compulsive Disorder (OCD) Conference on Friday, May 8, 2009 at Station Square at 11:00 am.

Kathleen is a third grade student at St. Ursula's who has OCD. In an effort to help others with the disease, Kathleen wanted to share her story. Her book, The ABC's of OCD takes a trip through the alphabet in sharing the way she views and deals with OCD. The ABC's of OCD looks at the positive side of life through the eyes of a child with ODC. In Kathleen's words, "Life will be OK!"

Mary Brand, a psychologist with Alliance Psychological Services, believes young patients see life situations clearly without the filters of theory, statistics or diagnostic guidelines. "It is a tribute to the entire Dunn family that they have chosen to devote their creative energy to provide this beautiful book to educate others. To me The ABC's of OCD spell h-o-p-e!"

According to the Obsessive Compulsive Foundation located in Boston, one in 50 Americans has OCD, and twice that many have had it at some point in their lives. Most suffers try to hide their habits and the disorder is often misdiagnosed or improperly treated.

Deborah Iannuzzi, President of the Obsessive Compulsive Foundation of Western PA states, "Children who read this book can see that they are not alone in their OCD - that another child has it, and that she can be positive and have fun even though she lives with OCD."

Early intervention is the key to effective treatment, so the Dunns spend their free time raising awareness about OCD. For more information about The ABC's of OCD, visit www.abccod.com.

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